

East Coast Lobster Product List			
Product	Price	Product	Price
Chicken Products		Smoked Fish	
Chicken Finger Bag (2kg)	\$31.99 each	Smoked Coho Salmon (140g)	\$12.99 each
Chicken Finger Case (4kg)	\$62.99 each	Smoked Steelhead (70g)	7.99 each
Chicken Wings (4kg)	\$62.99 case	Smoked Haddock (per pack)	\$5.99 each
Chicken Breast (4kg)	\$62.99 case	Smoked Mackerel (170g)	\$6.99 each
Chicken Broccoli	\$2.99 each	Smoked Kippers (Herring) (200g)	\$9.99 each
Chicken Brie & Apple	\$4.29 each		
Chicken Kiev	\$2.99 each		
Chicken Swiss	\$4.29 each	Raw Shrimp	
		26-30 Peeled Deveined Tail on	\$27.99 2LB bag
Breaded Fish		21-25 Peeled Deveined Tail on	\$29.99 2LB bag
Breaded Haddock Fillets	\$15.99 per LB	16-20 Peeled Deveined Tail on	\$32.99 2LB bag
Potato Crusted Cod	\$15.99 per LB	13-15 Peeled Deveined Tail on	\$36.99 2LB bag
Breaded Pickerel	\$19.99 per LB	8-12 Jumbo Peeled Deveined Tail on	\$42.99 2LB bag
		Wild Argentinean EZ Peel (13/15)	\$36.99 2LB bag
		Cooked 21/25 PDO	\$32.99 2LB bag
Crab Legs		Cooked 31/40 PDO	\$29.99 2LB bag
King Crab (16-20 ct)	\$59.99 per LB		
Snow Crab (5-8 ct)	\$22.99 per LB	Scallops	
Jumbo King Crab (6-9)	\$94.99 per LB	10/20 Scallops (1LB portions)	\$32.99 each
		U10 Jumbo Scallops (1LB portions)	\$37.99 each
Breaded Shrimp		Bay Scallops (baby) 1/2LB vac pack	\$7.99 each
ECL Breaded Shrimp (2.5 LB)	\$34.99 per box		
Coconut shrimp (2LB)	\$29.99 per box	Frozen Shellfish	
Tempura Shrimp (600g)	\$12.99 per bag	Mussels (1LB)	\$6.99 per bag
		Pasta Clams (1LB)	\$5.99 per bag
Frozen Tuna			
Tuna Saku Block (10oz)	\$24.99 per LB	Frozen Appetizers	
Tuna Poke (1 LB)	\$19.99 each	Bacon Wrapped Scallops (1LB bag)	\$24.99 per LB
Tuna Steak (8oz)	\$7.99 each	Coquille St Jaques (150g)	\$5.99 each
		Crab Au Gratin (150g)	\$5.99 each
Crab Meat		Crab Cakes (80g)	\$2.99 each
Jonah Crab Meat (1LB)	\$23.99 each	Dynamite Calamari (1LB)	\$9.99 per bag
Jonah Crab Claws (1LB)	\$19.99 each	Salt & Pepper Calamari (1LB)	\$26.99 per bag
Crab Claw (1LB)	\$29.99 each	Clam Strips (100g)	\$4.99 per bag
		Crab Sticks (600g)	\$9.99 per pack
Octopus/Squid		Lightly Dusted Calamari (2.5LB)	\$32.99 per bag
Squid Tubes	\$12.99 per LB	Escargot Tray (12 per)	\$9.99 each
Baby Octopus (1LB bag)	\$14.99 per LB		
Octopus medium (1-2 KG)	\$14.99 per LB	Frozen Salmon	
Octopus large (2-3 KG)	\$14.99 per LB	Atlantic Salmon fillet (random)	\$15.99 per LB
		Sockeye Salmon (1LB approx)	\$19.99 per LB
Salted Cod		Maple BBQ Salmon (1LB approx)	\$27.99 per LB
Salt Cod (Bone-In)	\$12.99 per LB	Wine & Herb Salmon (1LB approx)	\$27.99 per LB
Salt Cod (Bone-Out)	\$16.99 per LB	Candied Salmon (1LB per)	\$33.99 each

Lobster		Frozen Fish	
		Pickerel (2-4 fillets per pack)	\$21.99 per LB
10-12oz Carribean Tails	\$3.00 per oz	Pacific Cod (4oz loins)	\$12.99 per LB
6oz Carribean Tails	\$3.00 per oz	Pacific Haddock (5oz loin)	\$12.99 per LB
8oz Carribean Tails	\$3.00 per oz	Barramundi (6oz fillet)	\$18.99 per LB
4-5oz Canadian Tails	\$3.75 per oz	Grouper (6oz fillet)	\$20.99 per LB
6-7oz Canadian Tails	\$3.75 per oz	Snapper (6-8oz)	\$10.99 per LB
Lobster CKL meat (1LB)	\$44.99 each	Black Cod (6oz)	\$11.99/Pack
Canned Lobster 11.3 oz	\$ 33.99/Can	Mahi Mahi (6oz)	\$18.99 per LB
		Halibut Fletches (1.5-3LB pack)	\$32.99 per LB
		Euro Seabass (4-7oz)	\$19.99 per LB

