| East Coast Lobster Product List |  |  |  |
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| Product | Price | Product | Price |
| Chicken Products |  | Smoked Fish |  |
| Chicken Finger Bag (2kg) | \$31.99 each | Smoked Coho Salmon (140g) | \$12.99 each |
| Chicken Finger Case (4kg) | \$62.99 each | Smoked Steelhead (70g) | 7.99 each |
| Chicken Wings (4kg) | \$62.99 case | Smoked Haddock (per pack) | \$5.99 each |
| Chicken Breast (4kg) | \$62.99 case | Smoked Mackeral (170g) | \$6.99 each |
| Chicken Broccoli | \$2.99 each | Smoked Kippers (Herring) (200g) | \$9.99 each |
| Chicken Brie \& Apple | \$4.29 each |  |  |
| Chicken Kiev | \$2.99 each |  |  |
| Chicken Swiss | \$4.29 each | Raw Shrimp |  |
|  |  | 26-30 Peeled Deveined Tail on | \$27.99 2LB bag |
| Breaded Fish |  | 21-25 Peeled Deveined Tail on | \$29.99 2LB bag |
| Breaded Haddock Fillets | \$15.99 per LB | 16-20 Peeled Deveined Tail on | \$32.99 2LB bag |
| Potato Crusted Cod | \$15.99 per LB | 13-15 Peeled Deveined Tail on | \$36.99 2LB bag |
| Breaded Pickerel | \$19.99 per LB | 8-12 Jumbo Peeled Deveined Tail on | \$42.99 2LB bag |
|  |  | Wild Argentinean EZ Peel (13/15) | \$36.99 2LB bag |
|  |  | Cooked 21/25 PDTO | \$32.99 2LB bag |
| Crab Legs |  | Cooked 31/40 PDTO | \$29.99 2LB bag |
| King Crab (16-20 ct) | \$69.99 per LB |  |  |
| Jumbo King Crab (6-9) | \$94.99 per LB | Scallops |  |
|  |  | 10/20 Scallops (1LB portions) | \$32.99 each |
|  |  | U10 Jumbo Scallops (1LB portions) | \$37.99 each |
| Breaded Shrimp |  | Bay Scallops (baby) 1/2LB vac pack | \$7.99 each |
| ECL Breaded Shrimp (2.5 LB) | \$34.99 per box |  |  |
| Coconut shrimp (2LB) | \$29.99 per box | Frozen Shellfish |  |
| Tempura Shrimp (600g) | \$12.99 per bag | Mussels (1LB) | \$6.99 per bag |
|  |  | Pasta Clams (1LB) | \$5.99 per bag |
| Frozen Tuna |  |  |  |
| Tuna Saku Block (10oz) | \$24.99 per LB | Frozen Appetizers |  |
| Tuna Poke (1 LB) | \$19.99 each | Bacon Wrapped Scallops (1LB bag) | \$24.99 per LB |
| Tuna Steak (8oz) | \$7.99 each | Coquille St Jaques (150g) | \$5.99 each |
|  |  | Crab Au Gratin (150g) | \$5.99 each |
| Crab Meat |  | Crab Cakes (80g) | \$2.99 each |
| Jonah Crab Meat (1LB) | \$23.99 each | Dynamite Calamari (1LB) | \$9.99 per bag |
| Jonah Crab Claws (1LB) | \$19.99 each | Salt \& Pepper Calamari (1LB) | \$26.99 per bag |
| Crab Claw (1LB) | \$29.99 each | Clam Strips (100g) | \$4.99 per bag |
|  |  | Crab Sticks (600g) | \$9.99 per pack |
| Octopus/Squid |  | Lightly Dusted Calamari (2.5LB) | \$32.99 per bag |
| Squid Tubes | \$12.99 per LB | Escargot Tray (12 per) | \$9.99 each |
| Baby Octopus (1LB bag) | \$14.99 per LB |  |  |
| Octopus medium (1-2 KG) | \$14.99 per LB | Frozen Salmon |  |
| Octopus large (2-3 KG) | \$14.99 per LB | Atlantic Salmon fillet (random) | \$15.99 per LB |
|  |  | Sockeye Salmon (1LB approx) | \$19.99 per LB |
| Salted Cod |  | Maple BBQ Salmon (1LB approx) | \$27.99 per LB |
| Salt Cod (Bone-In) | \$12.99 per LB | Wine \& Herb Salmon (1LB approx) | \$27.99 per LB |
| Salt Cod (Bone-Out) | \$16.99 per LB | Candied Salmon (1LB per) | \$33.99 each |


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| Lobster |  | Frozen Fish |  |
|  |  | Pickerel (2-4 fillets per pack) | $\$ 21.99$ per LB |
| $10-12$ oz Carribean Tails | $\$ 3.00$ per oz | Pacific Cod (4oz loins) | $\$ 12.99$ per LB |
| 6 oz Carribean Tails | $\$ 3.00$ per oz | Pacific Haddock (5oz loin) | $\$ 12.99$ per LB |
| $80 z$ Carribean Tails | $\$ 3.00$ per oz | Barramundi (6oz fillet) | $\$ 18.99$ per LB |
| $4-5 \mathrm{oz}$ Canadian Tails | $\$ 3.75$ per oz | Grouper (6oz fillet) | $\$ 20.99$ per LB |
| $6-7 \mathrm{oz}$ Canadian Tails | $\$ 3.75$ per oz | Snapper (6-8oz) | $\$ 10.99$ per LB |
| Lobster CKL meat (1LB) | $\$ 44.99$ each | Black Cod (6oz) | $\$ 11.99 /$ Pack |
| Canned Lobster 11.3 oz | $\$ 33.99 /$ Can | Mahi Mahi (6oz) | $\$ 18.99$ per LB |
|  |  | Halibut Fletches (1.5-3LB pack) | $\$ 32.99$ per LB |
|  |  | Euro Seabass (4-7oz) | $\$ 19.99$ per LB |



