

| East Coast Lobster Product List | | | |
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| Product | Price | Product | Price |
| Chicken Products | | Smoked Fish | |
| Chicken Finger Bag (1kg) | \$16.99 each | Smoked Coho Salmon (140g) | \$14.99 each |
| Chicken Finger Case (4kg) | \$62.99 each | Smoked Steelhead (70g) | \$7.99 each |
| Chicken Wings (4kg) | \$62.99 case | Smoked Mackerel (170g) | \$6.99 each |
| Chicken Breast (4kg) | \$62.99 case | Smoked Kippers (Herring) (200g) | \$9.99 each |
| Chicken Broccoli | \$3.79 each | Smoked Steelhead (400g) | \$27.99 each |
| Chicken Brie & Apple | \$4.79 each | | |
| Chicken Kiev | \$3.79 each | | |
| Chicken Swiss | \$4.79 each | Raw Shrimp | |
| | | 31-40 Peeled Deveined Tail off | \$24.99 2LB bag |
| Breaded Fish | | 21-25 Peeled Deveined Tail on | \$29.99 2LB bag |
| Breaded Haddock Fillets | \$15.99 per LB | 16-20 Peeled Deveined Tail on | \$32.99 2LB bag |
| Potato Crusted Cod | \$15.99 per LB | 13-15 Peeled Deveined Tail on | \$36.99 2LB bag |
| Breaded Pickerel | \$19.99 per LB | 8-12 Jumbo Peeled Deveined Tail on | \$42.99 2LB bag |
| Tortilla Tilapia | \$15.99 per LB | Wild Argentinean EZ Peel (16-20) | \$19.99 1LB bag |
| Crab Legs | | Cooked 21/25 PDT0 | \$32.99 2LB bag |
| King Crab (20-30 ct) | \$50.00 per LB | Cooked 31/40 PDT0 | \$29.99 2LB bag |
| Snow Crab | \$25.00 per LB | | |
| | | Scallops | |
| Breaded Shrimp | | 10/20 Scallops (1LB portions) | \$32.99 each |
| Coconut shrimp (2LB) | \$29.99 per box | U10 Jumbo Scallops (1LB portions) | \$58.99 each |
| Tempura Shrimp (600g) | \$12.99 per bag | Bay Scallops (baby) 1/2LB vac pack | \$7.99 each |
| Oven Ready Butterfly Shrimp | \$12.99 per bag | | |
| Popcorn Shrimp | \$12.99 per bag | Frozen Shellfish | |
| Oven Ready Coconut Shrimp | \$12.99 per bag | Mussels (1LB) | \$6.99 per bag |
| ECL Round Shrimp | \$14.00 per LB | Pasta Clams (1LB) | \$5.99 per bag |
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| Frozen Tuna | | Stock | |
| Tuna Saku Block (10oz) | \$24.99 per LB | Fish stock (8oz) | \$8 each |
| Tuna Poke (1 LB) | \$19.99 each | Lobster Stock (4oz) | \$4 each |
| Tuna Steak (6oz) | \$7.99 each | Salmon Heads (2 per pack) | \$15.00 |
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| Crab Meat | | Frozen Appetizers | |
| Jonah Crab Meat (1LB) | \$23.99 each | Bacon Wrapped Scallops (1LB bag) | \$24.99 per LB |
| Crab Claw (1LB) | \$39.99 each | Coquille St Jaques (150g) | \$6.99 each |
| Philips Crab Claw Meat (1LB) | \$33.99 each | Crab Au Gratin (150g) | \$6.99 each |
| | | Crab Cakes (80g) | \$2.99 each |
| Octopus/Squid | | Clam Strips (100g) | \$4.99 per bag |
| Squid Tubes | \$12.99 per LB | Crab Sticks (600g) | \$9.99 per pack |
| Baby Octopus (1LB bag) | \$14.99 per LB | Lightly Dusted Calamari (2.5LB) | \$32.99 per bag |
| Octopus medium (1-2 KG) | \$14.99 per LB | Escargot Tray (12 per) | \$9.99 each |
| Octopus large (2-3 KG) | \$14.99 per LB | | |
| | | Frozen Salmon | |
| Salted Cod | | Atlantic Salmon fillet (random) | \$15.99 per LB |
| Salt Cod (Bone-Out) | \$16.99 per LB | Sockeye Salmon (1LB approx) | \$19.99 per LB |

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| | | Maple BBQ Salmon (1LB approx) | \$21.99 per LB |
| Lobster | | Wine & Herb Salmon (1LB approx) | \$27.99 per LB |
| 10-12oz Carribean Tails | \$3.00 per oz | Candied Salmon (1LB per) | \$33.99 each |
| 6oz Carribean Tails | \$3.00 per oz | Smoked Peppered Salmon | \$29.99 per LB |
| 8oz Carribean Tails | \$3.00 per oz | | |
| 4-5oz Canadian Tails | \$3.75 per oz | Frozen Fish | |
| 6-7oz Canadian Tails | \$3.75 per oz | Wahoo (4oz loin) | \$18.99 per LB |
| Lobster CKL meat (1LB) | \$44.99 each | Pacific Cod (4oz loins) | \$12.99 per LB |
| Shellless Lobster tail meat | \$3.13 per oz | Pacific Haddock (5oz loin) | \$12.99 per LB |
| Cooked whole lobster | \$32 each | Barramundi (6oz fillet) | \$18.99 per LB |
| | | Swordfish (6oz) | \$16.99 per LB |
| Other Frozen Fish | | Snapper (6-8oz) | \$10.99 per LB |
| Rainbow Trout | \$13.99 per LB | Black Cod (6oz) | \$11.99/Pack |
| Arctic Char | \$17.99 per LB | Mahi Mahi (6oz) | \$18.99 per LB |
| | | Halibut (10-16oz) | \$32.99 per LB |
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